

DENTAL DAY SURGERY INFORMATION – OKANAGAN PEDIATRIC DENTISTRY

PLEASE READ THIS INFORMATION CAREFULLY AND BRING THIS WITH YOU TO THE HOSPITAL ON THE DAY OF SURGERY, if you have any questions, please contact Okanagan Pediatric Dentistry at (250) 763 5101. Please ensure that our office has your current address and telephone number.

Okanagan Pediatric Dentistry has recommended that your child receive dental treatment under general anesthetic at the Summerland Health Centre. Your child will be admitted to the Health Centre on a specific day, have their dental treatment completed, and return home the same day.

Okanagan Pediatric Dentistry will arrange the date and time for your child's surgery and will advise you 1 week prior to your surgery date regarding your arrival time to the Health Centre as well as the time at which your child must stop drinking clear liquids before surgery. Please call the office (250) 763 5101 if you do not receive this phone call within that time frame.

PREPARATION FOR DENTAL SURGERY

****IMPORTANT****

- Children having surgery require a doctor's physical examination before surgery. Our office will give you a form to take to your doctor.
- Make an appointment with a family doctor in your community a **minimum of 6 weeks** before the surgery date. This examination is to be completed and submitted by the doctor's office via fax to Okanagan Pediatric Dentistry [FAX (250) 763 5131] a **minimum of 6 weeks** prior to the date of surgery.
- NOTE: If you have chosen to be on a short notice/cancellation list, you MUST have the physical examination completed and submitted to Okanagan Pediatric Dentistry (FAX listed above) BEFORE you will be placed on the list.

*****If your child has developed any symptoms of new illness just prior to the surgery date, please phone Okanagan Pediatric Dentistry or Summerland Health Centre at 250 404 8000. Summerland Health Centre is open Monday-Friday 0700-1600. Please ensure that no one accompanying the patient on day of surgery has any symptoms of illness.*****

EATING/DRINKING GUIDELINES

****IMPORTANT****

- No SOLID FOOD after midnight the night before surgery. No chewing gum or candy.
- Please drink CLEAR LIQUIDS after midnight/morning of surgery up until a certain time. You will be contacted by phone and told exactly when to stop drinking clear liquids.
- Clear liquids are water or clear juice such as apple juice.
- Do not drink milk, infant formula, orange juice or carbonated drinks.
- Take prescription medications as prescribed as long as it does not interfere with the eating/drinking guidelines. Medication can not be taken with anything but clear liquid.

ON THE DAY OF SURGERY

- **TRAVEL** – Two responsible adults should accompany the child home from the hospital if you are travelling in a private vehicle. Having two responsible adults for the drive home ensures that one person can drive and the other can focus on the child to ensure a safe ride home. **Any people other than the two responsible adults may be asked to wait outside of the building to prevent over crowding in the waiting areas.**
- **SIBLINGS** - Please find alternative child care arrangements for siblings to avoid them accompanying you on the day of surgery. Due to the limited seating capacity in the waiting room there is not enough space for multiple family members.
- **COMFORT** - Remove body piercings/earrings and cosmetics. Wear loose, comfortable clothing. Children will be required to change into provided PJs. Bring a blanket/toy/books for your child's comfort and security
- **ARRIVAL** - The time you are asked to arrive at Summerland Health Centre is approximately 90 minutes before the actual surgery time. This allows for pre-operative assessment and pre-medication if necessary.
- **DURATION** –If you plan to leave while your child is in the operating room, please speak with a nurse and provide an active contact number.

AFTER SURGERY

- **POST-OPERATIVE** – Dr. Farquhar will speak with you immediately following surgery to review treatment completed and discuss postoperative instructions. Treatment needs may be more, or less, than anticipated pre-operatively. You will be advised by the Okanagan Pediatric Dentistry administrative team if treatment costs have changed.
- **DURATION** - Your child will be recovering from the surgery for approximately 60 minutes after leaving the operating room.
- **SAFETY**
 - A responsible adult must be available to stay with your child for 24 hours following surgery.
 - Your child may be temporarily disoriented and unhappy immediately after surgery.
 - After general anesthetic, children may be uncoordinated and clumsy for a few hours and should avoid physical or active play during this time.
- **DIET**
 - When you leave Summerland Health Centre, your child will have shown that they can tolerate oral fluids to meet discharge criteria. Clear fluids include water, apple juice, popsicles. We recommend continuing with fluids until you return home.
 - Soft foods are recommended (rice, pasta, eggs, soup, jello) once you return home.

If you have any post-operative concerns, please call Okanagan Pediatric Dentistry (250) 763 5101, or Dr. Farquhar's cell (250) 212 3667, or your family doctor's office.